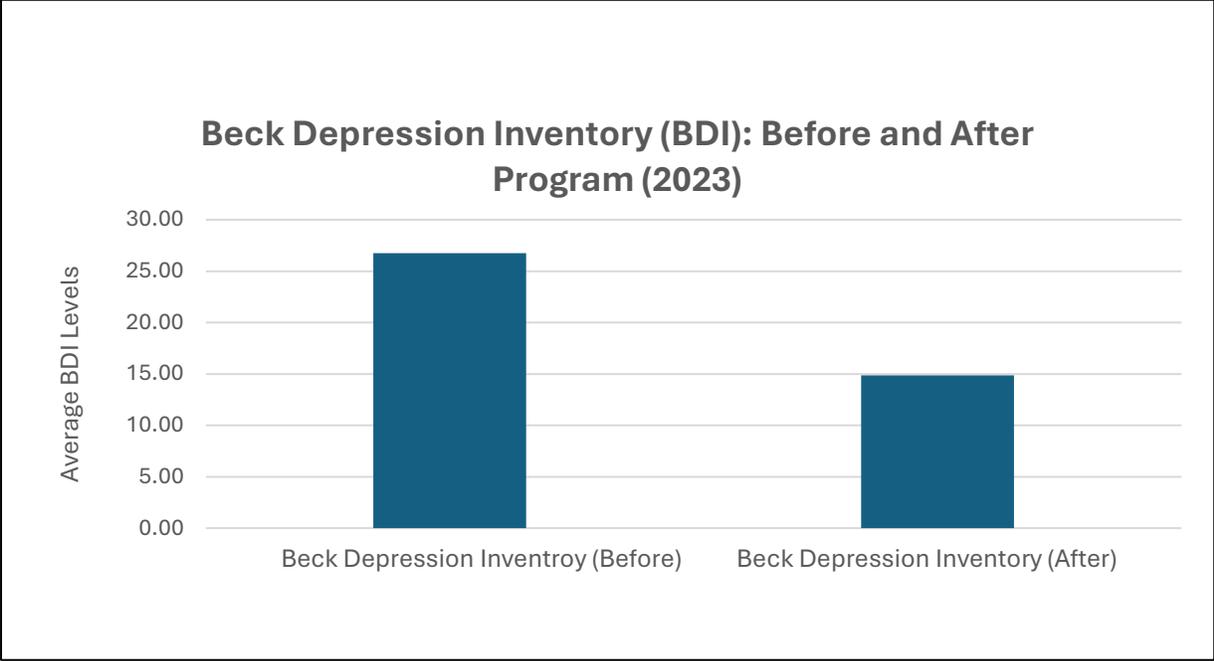


DEDICATO TREATMENT CENTER
2025 – PSYCHOLOGICAL ASSESSMENT OUTCOMES
DEPRESSION – ANXIETY – PTSD

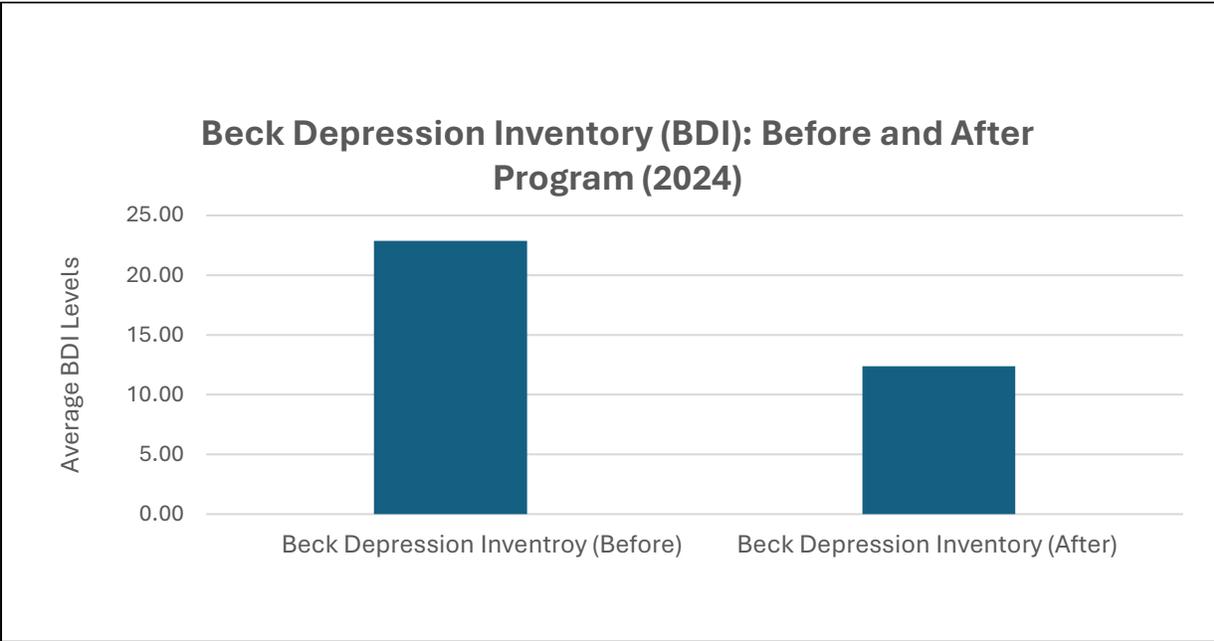
At Dedicato Treatment Center, we utilize standardized psychological assessments to measure client progress in key mental health areas, including depression, anxiety, and post-traumatic stress disorder (PTSD).

The following results reflect client outcomes from pre-treatment to post-treatment and demonstrate measurable clinical improvement across all domains.

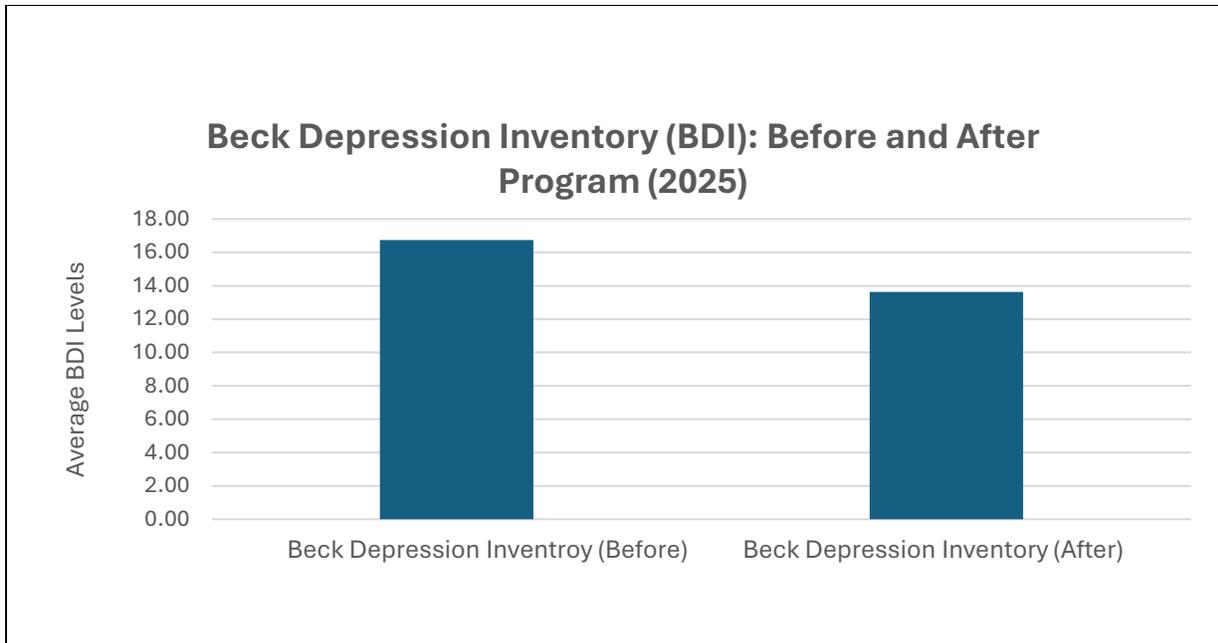
Depression Outcomes



In 2023, Symptoms decreased by **44.4%**



In 2024, Symptoms decreased by **45.9%**



In 2024, Symptoms decreased by **18.7%**

Clients experience measurable improvement in depression during treatment.

Clients who participated in treatment showed a meaningful reduction in symptoms of depression. On average, depression levels decreased by approximately **36.3%**, indicating improved mood, increased motivation, and better emotional stability over time.

👉 What the Scores Mean (Simple Explanation):

Depression is measured on a scale where:

- **Higher scores = more severe depression symptoms**
- **Lower scores = fewer symptoms and improved mental health**

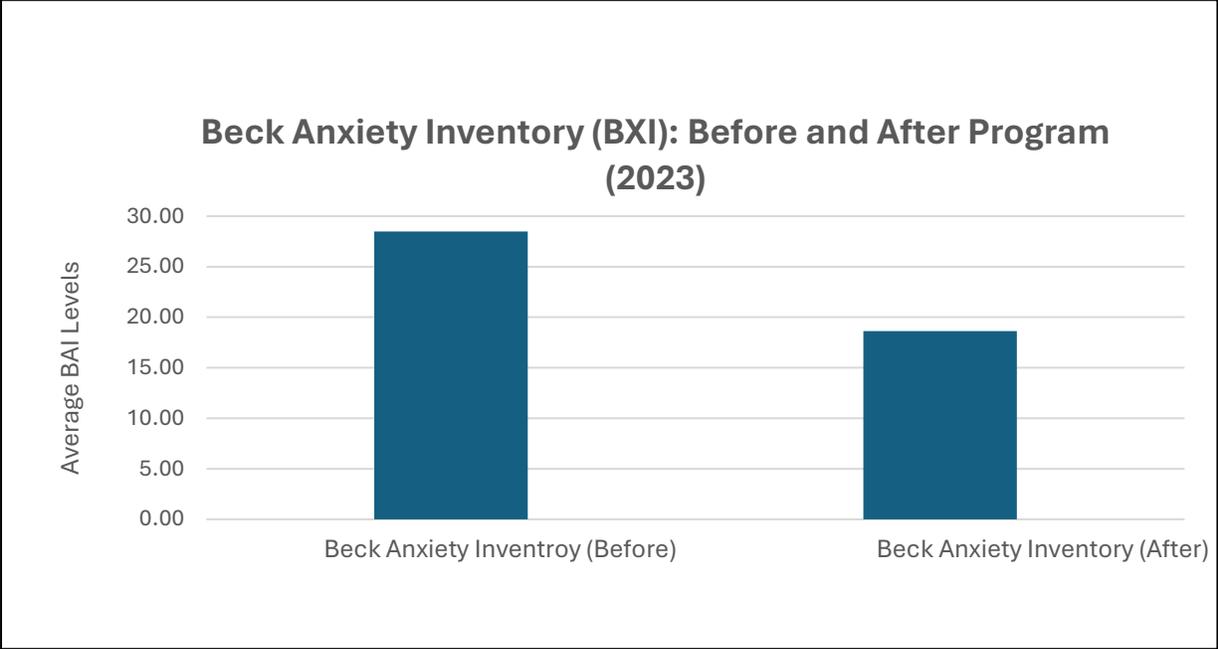
For example:

If a client begins treatment with a higher score and leaves with a lower score, this means their depression symptoms have **reduced**, which is a positive clinical outcome.

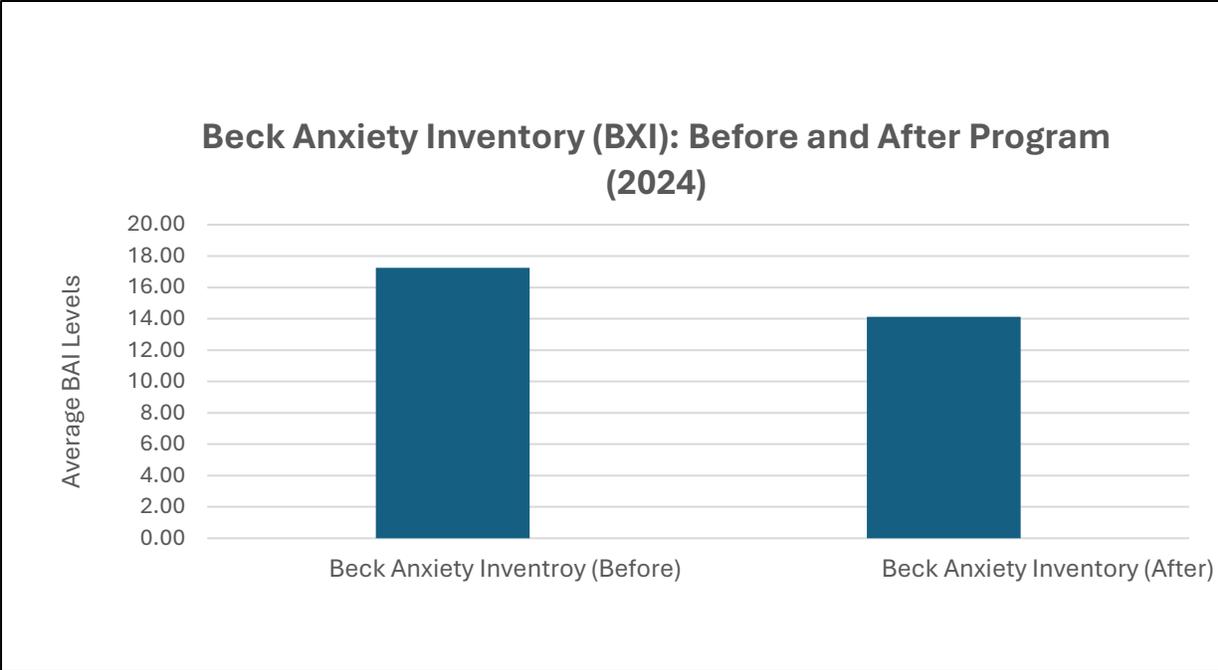
While outpatient treatment involves real-life stressors and daily challenges, clients were still able to make consistent progress. This reflects not only symptom improvement, but also the ability to apply coping skills in everyday life.

Data based on standardized clinical assessments conducted before and after treatment.

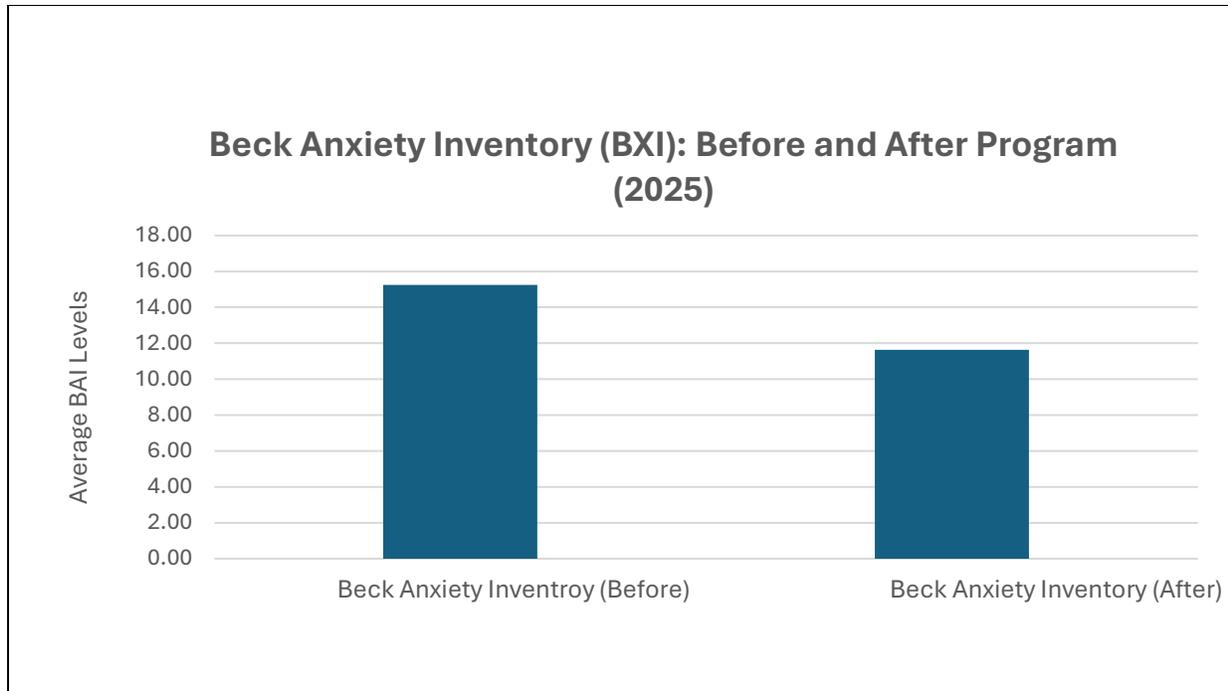
Anxiety Outcomes



In 2023, Symptoms decreased by **34.6%**



In 2024, Symptoms decreased by **18.1%**



In 2025, Symptoms decreased by **23.8%**

Clients develop stronger skills to manage anxiety in real-world environments.

Clients demonstrated a significant reduction in anxiety symptoms, with average levels decreasing by approximately **25.5%** from admission to discharge.

👉 What the Scores Mean (Simple Explanation):

Anxiety is measured on a scale where:

- **Higher scores = higher levels of anxiety**
- **Lower scores = improved ability to manage stress and anxiety**

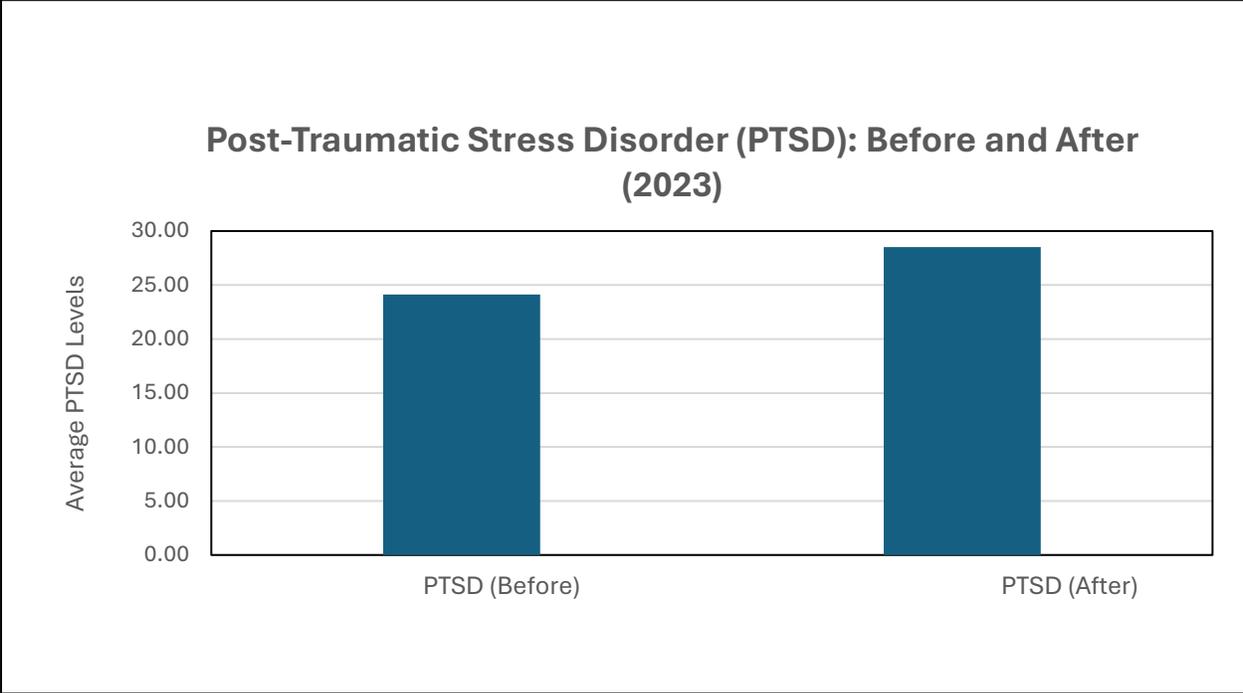
For example:

If a client's score decreases during treatment, it means they are experiencing **less anxiety and better emotional regulation**.

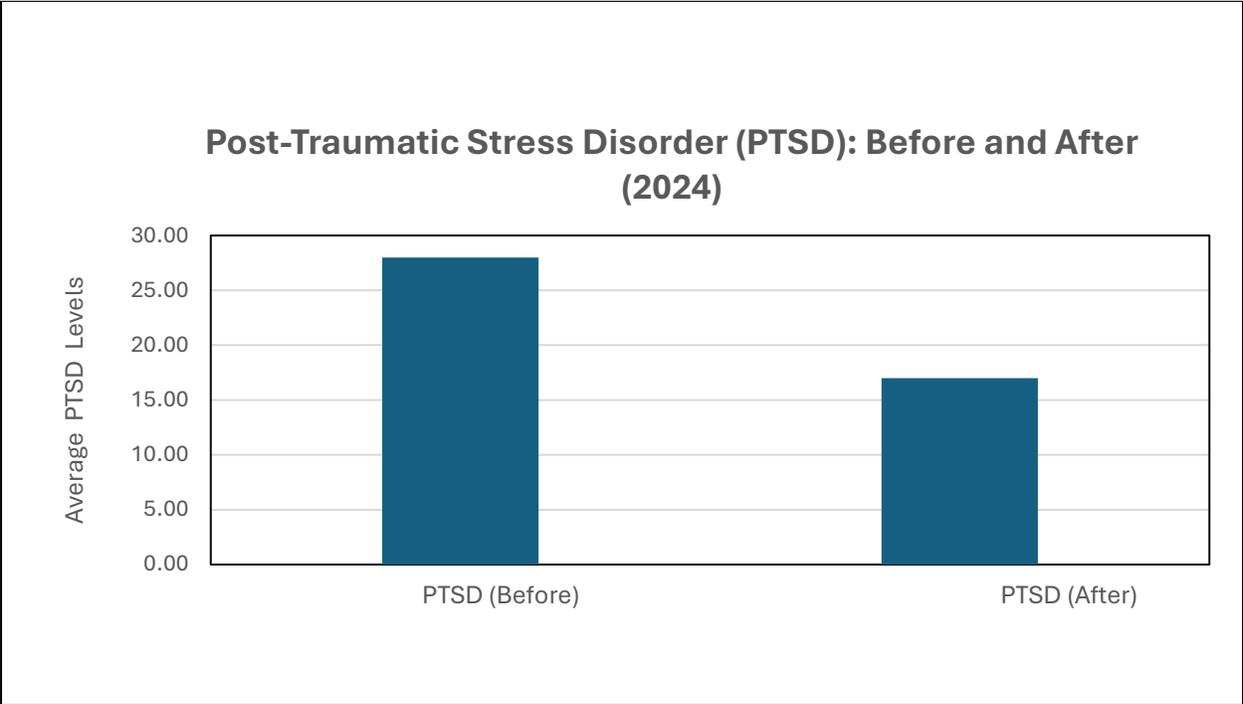
Even in an outpatient setting—where clients face everyday pressures—continued improvement shows that clients are learning to apply coping strategies in real-world situations.

Data based on standardized clinical assessments conducted before and after treatment.

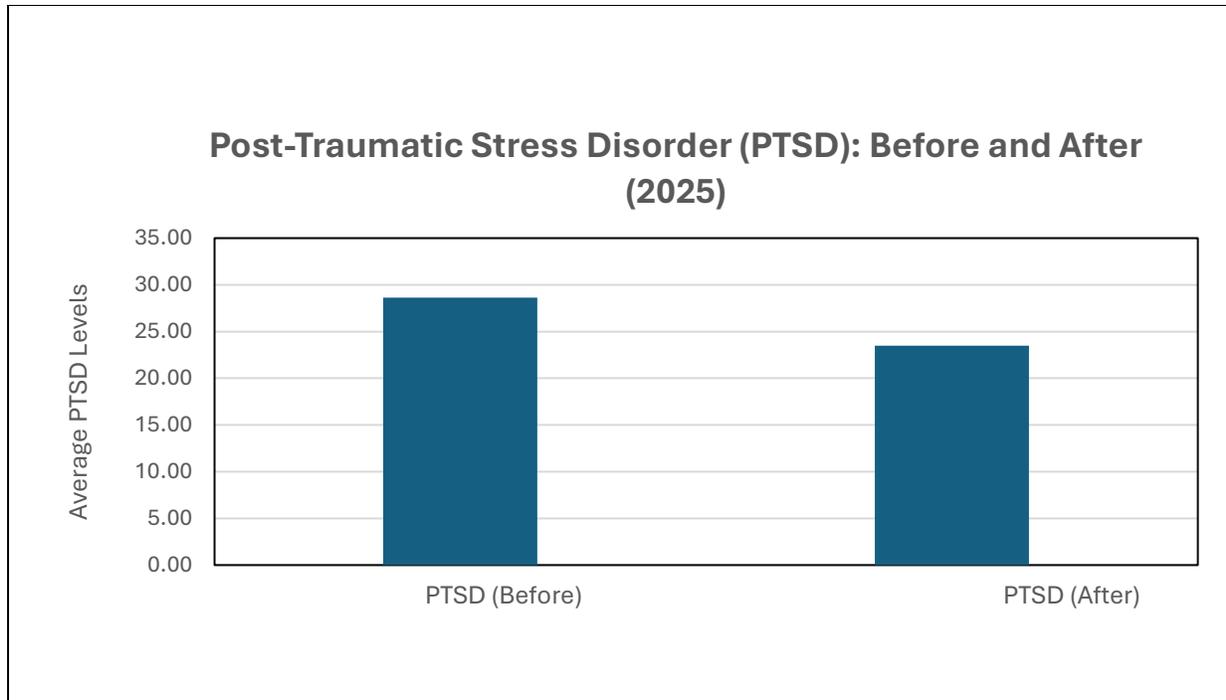
Post-Traumatic Stress (PTSD) Outcomes



In 2023, Symptoms increased by **17.9%**



In 2024, Symptoms decreased by **39.3%**



In 2025, Symptoms decreased by **25.5%**

Clients make meaningful progress in reducing trauma-related symptoms.

Clients demonstrated a significant reduction in PTSD symptoms, with average levels decreasing by approximately **15.6%** from admission to discharge.

👉 What the Scores Mean (Simple Explanation):

PTSD is measured on a scale where:

- **Higher scores = more severe trauma-related symptoms**
- **Lower scores = reduced trauma symptoms and improved functioning**

For example:

A decrease in score indicates that the client is experiencing **fewer intrusive thoughts, less emotional distress, and improved stability.**

Because trauma symptoms can fluctuate—especially in outpatient settings—progress may not always be linear. However, overall reductions indicate effective treatment.

Data based on standardized clinical assessments conducted before and after treatment.

Important Note on Treatment Settings

Understanding the Data (Simple Explanation)

To help interpret these results, here is what the numbers mean in plain terms:

- **Mean (Average):**
The average score of all clients combined.
👉 This shows the overall trend of how clients are doing.
- **Median:**
The middle score when all results are lined up from lowest to highest.
👉 This shows the “typical” client experience.
- **Pre-Treatment Score:**
The client’s symptom level before starting treatment.
- **Post-Treatment Score:**
The client’s symptom level after completing treatment.
- **What We Are Looking For:**
👉 In mental health assessments, **lower scores after treatment are better**
👉 This means symptoms are decreasing and mental health is improving